



LODGE 6 FIRST ORGANIZED – FEB. 25, 1877; INSTITUTED – DEC. 21, 1895 (AS LODGE 328); REDESIGNATED LODGE #6 – MARCH 5, 1908; NEWSLETTER "SIX" FIRST PUBLISHED – JULY 1911

SACRAMENTO ELKS • 6446 RIVERSIDE BLVD, SACRAMENTO, CA 95831 • JULY 2025 • VOL. CXVI, NO. 4

EXALTED RULER'S MESSAGE

Building Stronger Elk Communities Through Supportive Relationships



I want to share my thoughts on the importance of building a more inclusive and empowered Elk society. Relationships are the key. Supportive relationships within our communities play a pivotal role in fostering unity, growth, and positive change.

1. **Building a strong community** of Elks yields benefits that deeply enrich our lives. Community creates a sense of belonging, safety, and support, where people feel valued and heard. This is a theme for our Lodge. This sense of belonging fosters a vibrant community that encourages members to actively participate in its growth and development. Building a strong Elk commu-



nity sets the stage for personal growth, social progress, and an enduring legacy.

2. **Nurturing strong relationships within our community** requires intention, effort, and genuine care. A pillar of building supportive relationships is fostering open and transparent communication. Encouraging dialogue and understanding diverse perspectives nurtures empathy and compassion. This leads to a deeper understanding of each other's experiences and cultivates a more inclusive and harmonious community.

3. **In our community projects, relationship building is the linchpin.** Through strong relationships, we collaborate effectively towards shared goals. And when we feel acknowledged and trusted, we are more likely to actively participate and contribute our unique skills and perspectives. Relationship building is instrumental in maintaining community projects and initiatives.

4. **Being in a supportive community nurtures individual emotional well-being,** as I've often been told by Elk members. It's these emotional connections that offer safety during hard times, promoting mental and emotional resilience. When individuals are part of a community that values and supports them, they are more likely to develop a positive self-image and a strong sense of purpose.

I consider myself a work in progress. I am far from perfect, but every day I try to be a better person for my family and my community. I recognize the transformative potential of building stronger communities through supportive relationships.

By promoting inclusiveness, communication, and empathy, we lay the foundation for a vibrant and empowered society of Elks. Building stronger communities is a collective responsibility that starts with understanding, compassion, and unity. Let's work together to create a world where supportive relationships and empowered communities lead us to new heights of achievement and happiness.

~ Rob Moore, Exalted Ruler

The SIX

Published Monthly

Sacramento Elks Lodge No. 6
6446 Riverside Blvd., Sacramento, CA 95831

Send articles/photos to:
Deb Reyman, Editor

e-mail newsletter@elks6.com

Deadline: By the first of the month.

2025-2026 Lodge Officers

Exalted Ruler Rob Moore
 Leading Knight Carol Mitchell
 Loyal Knight Nicole Holton
 Lecturing Knight Aaron Jefferson
 Secretary Gina D'Arcangelo
 Treasurer Joanne Martin
 First Year Trustee Pamela Muljat Zanze
 Second Year Trustee Pat McDaniel
 Third Year Trustee Jonathan Gayton
 Fourth Year Trustee James Nevans
 Fifth Year Trustee Robert Van Gundy
 Esquire Darnell Lawrence
 Chaplain Shannon Lewis
 Inner Guard Clayton Hablitz
 Tiler Darryl Boykins
 Organist Dan Baldassari

2024-25 OFFICER OF THE YEAR

Joanne Martin

2024-25 ELK OF THE YEAR

Ray Nielsen

2024-25 VOLUNTEER OF THE YEAR

Charles Warren

2024-25 Citizen VOLUNTEER OF THE YEAR

Bella Lozano

LODGE OFFICE

Secretary/Event Reservations..... 916/422-6666
Fax: 916/422-6324 lodge@elks6.com

OFFICE HOURS

Monday-Friday 9 am-3 pm

RENTAL COORDINATOR

Catherine Gonzales 916/422-8351
Email events@elks6.com

OFFICE HOURS

Tuesday-Saturday 9 am-3 pm

LOUNGE 916/422-6666, ext. 6

LOUNGE HOURS

Monday, Saturday 3-9 pm

Tuesday-Friday 3-10 pm

Sunday 1-8 pm

Happy Hour, daily 4-5:30 pm



Free WiFi available while
enjoying your favorite beverage.

Check out our website

www.elks6.com or www.sacramentoelks.com

SECRETARY'S CORNER

MEMBERSHIP REPORT

As of April 1, 2025 Total Members: 701

New members initiated: ... 16	Dropped:..... 17
Transfers in:..... 0	Transfers out:..... 1
Reinstatements: 1	Absolute dimitt:..... 0
Gain 17	Deceased:..... 3
	Loss 21

As of June 1, 2025 Total Members: 697

Lapsation Report Six months delinquent: 99 One year delinquent: 6



UPCOMING EVENTS

MUSIC ON THE LAWN WITH HEY MONKEY (TUNES FROM THE '70s-'90s) – July 11, 5-9p, \$15 in advance (\$20 at door).

Food and drinks available for purchase.

CLASSIC CAR SHOW – July 19, 9a-1p. Free to attendees and all welcome; food trucks and beer garden on site. Car entries: \$25/\$30 (proceeds go to Lodge charities).

MUSIC ON THE LAWN WITH JOHNNY YOUNG – August 8, 5-9p, \$15 in advance (\$20 at door).

HANA LUAU – August 9, 6-10p. Hawaiian style entertainment, hula and more; \$45.

ONGOING ACTIVITIES

BREAKFAST Sundays 8:30-11a.

BACK PATIO BBQ SUMMER NIGHTS Thursdays, 6-8p.

CRAFT AND CREATE MONTHLY MEET UP paused due to football in the Lounge. Enjoy watching the games with your fellow Elks!

FARMER'S MARKET Sundays 9a-1p. Invite friends to breakfast and visit the market.

FITNESS CENTER HOURS Members with fitness center access can get into the building and fitness center at 4:30a. The building locks at 10p for all members.

HAPPY HOUR Daily 4-5:30p. Bring an appetizer to share if you like, but do come join us!

IMPROV NIGHT 2nd and 4th Wednesdays, 6-8p. John Paul Pressburg-Nevans, 916/320-1055

KARAOKE Thursday & Saturday 7p.

MARTIAL ARTS Monday 5p. Brian Olden, bjolden07@yahoo.com

PICKLEBALL Monday, Wednesday 9a-12p, Thursday 4:30-7:30p, Sunday 4-7p. Check Playtime Scheduler for updates.

SWING DANCE Wednesday, lessons 7-7:45p, Swing Social 8-10p, \$15

WATER AEROBICS Monday, Friday 10-11a, Wednesday 2-3p.

WEDNESDAY NIGHT DINNER \$15 for a nice meal. Weekly menu at elks6.com

YOGA Monday 12p, Wednesday 3:30p. Elks members free; others, \$10. Sue Hill, sue.hill1200@comcast.net

Added events and updates will be advertised in the weekly Friday email blast. If you do not receive the email blasts, please call the Lodge Office at 916/422-6666.

Call the Lodge Office at 916/422-6666 to reserve and/or pre-pay for your meals at least three full days before the event (all meals include tax).

JULY BIRTHDAYS

Al Bosch	Gwendolyn Young
Alan Lew	Howard Moon
Angela Mitchell	Jack Wyatt
Beatrice Clark	James Houpt
C Paynter	James Contzen
Calvin Rogers	Jamie Lewis
Carol Leong	Janet Souder
Charles Coyle	Janine Wilson
Cynthia Corral	Jerry Landreth-
Daniel Brown	Brusato
Daniel Sebby	Jesse Gutierrez
David Tanigawa	Jim Igel
David Keene	John Firenza
David Coyle	John Palenko
Donald Puliz	John Domasky
Enrique Ruiz	John O'Connor
Eugene Mondro	John Doke
Frank Ramos	Jonathan
George Tezanos-	Kerksieck
Pinto	Jose Gonzales
Guadalupe Aldana	Juliana Piazza

Kathie Ward
Keith Haengg
Kenneth Perry
Larry Alhadeff
Laurie Collins
Leif Windtberg
Linda Pohl
Liz Easley
Lucila Martinez
Mac Slater
Marc Brennen
Mark Hagiya
Mark Laybourn
Michael Pompei
Michael Walker
Michael Dunn
Nicole Holton
Pat McDaniel
Patrick Robinson
Paula Trotman
Raul Lara
Renee Catricala
Richard Borgquist

Robert Downey
Robert Macias
Robert Spinden
Robert Martinez
Ron Silva
Ronald Roberts
Rosemarie Nabity
Ross Meier
Rudy Del Real
Russell Hart
Selina Lu
Shellie Staudahar
Steven Blair
Thomas
Rotharmel
Tommy Poon
Toshio Yamamoto
Victor Cima
Wayne Willey
Wayne Shires
William Orr
William Sampino
William Vela

2025 GOLF SCHEDULE

Luncheons are the 2nd Friday of the month at 11:30 a.m.

DATE	TIME (AM)	COURSE/HOLES
July 10	8:39	Arcade Creek/9
July 23	9	Morgan Creek/18
Aug 13	9	Haggin Oaks/18
Aug 27	9	Teal Bend/18
Sept 10	9	Bartley Cavanaugh/18
Sept 24	9	Mather/18

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LOUNGE HOURS

Monday, Saturday: 3-9 p.m.
Tuesday-Friday: 3-10 p.m.
Sunday: 1-8 p.m.
Happy Hour, daily: 4-5:30 p.m.



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Email: dan@barretthealthins.com



Meeting Schedule

All Lodge and committee meetings will continue to meet in person until further notice.

Communications Committee, virtual... 1st Monday ~ 5 pm
Board of Directors..... 2nd Monday ~ 6 pm
Audit Committee..... 4th Monday ~ 5 pm
Preventive Maintenance Crew Tuesdays ~ 8 am
Future Directions 1st Tuesday ~ 4:30 pm
Lodge Meeting/Initiation..... 1st Tuesday ~ 7 pm
House Committee 2nd & 4th Tuesday ~ 5:30 pm
Officers Meeting..... 2nd Tuesday ~ 6:30 pm
Lodge Meeting/Balloting 3rd Tuesday ~ 7 pm
Athletic Center 2nd Wednesday ~ 4:30 pm
Landscape Crew..... Thursdays ~ 8 am
Veterans Committee 2nd Thursday ~ 5 pm
Golf Club 2nd Friday ~ 12 pm

*Meetings are open to all members.
Schedule subject to change. Contact the Lodge
office to confirm at 916/422-6666.*

Sacramento B.P.O. Elks No. 6
6446 Riverside Boulevard
Sacramento, CA 95831

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PLEASE WELCOME OUR NEW MEMBERS

New members initiated in May: John Caputo, Mary Ann Carmazzi, Frank Steven Delgado, Thomas Geddes, Karen Orcutt, David Parsh, Linda Prosper, and Shellie Staudahar.

Members initiated in June: Meiling Huang, Harold "Hardy" Miller, Charlene Mitchell, Sonya Rymarchyk, Harold Splain, and Travis Tyson.



New members from June (back row, from left): Harold Splain, Exalted Ruler Rob Moore, Travis Tyson and Hardy Miller; (front row): Meiling Huang, Charlene Mitchell and Sonya Rymarchyk.

CHAPLAIN'S PRAYER CORNER

*Dear Father,
This month we think a lot about our nation
and its blessings.*

*We remember how blessed we are and
show gratitude for those who sacrificed all,
so we could enjoy freedom and independence.*

*May we live with the same courage and convictions as
those who founded and fought for our nation... and may we
never take these liberties for granted.*

*Ronald Reagan said, "If we ever forget we are one nation
under God, then we will be a nation gone under."*

*In America we have the ability to worship You freely. We
must pray for our leaders, hoping that You guide every deci-
sion they make.*

Father bless our nation with peace. Amen

~ Shannon Lewis, Chaplain



**CHECK OUT THE
EVENTS CALENDAR**
elks6.com/events